ZESTY CITRUS

Roast Chicken

INGREDIENTS:

2 x 1.5kg chickens

1 cup dry white wine

1 cup olive oil

1 large Spanish onion, peeled and diced

2 teaspoons minced garlic · 1/2 cup carrots, peeled and diced

1 teaspoon salt · Rind from 2 lemons, juice from 1 lemon.

Rind from 2 limes, juice from 1 lime. · Rind from 2 oranges.

1/2 cup soy sauce

2 teaspoons chili oil

PREPARATION:

Mix garlic, salt, rind, juice, soy sauce and chilli oil together. Insert onion and carrot into the cavity and allow meat to marinate

in this mixture for at least 4 hours. Mix white wine with olive oil and use this mixture to baste every 15 minutes.



Use a cooking thermometer to ensure your chicken reaches an internal temperature of 75 degrees before removing from the rotisserie



